

# Standing Triceps Press Machine

OFG008

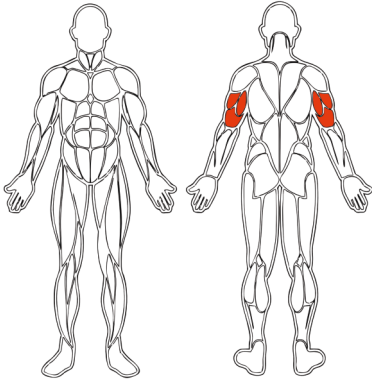


LENGHT / WIDTH / HEIGHT  
2400mm / 708mm / 2116mm



TRAINING LOAD RANGE: 10-60kg

### TARGETED MUSCLE GROUPS



### TRAINING BENCH



## • Technical Specifications

Frame	Steel coated with a multi-layer corrosion protection system (up to C5), wall thickness 3–6 mm
Moving parts	Made of stainless steel and wall thickness is 3–6 mm
Surface finish	Powder-coated in RAL colors
Support surfaces	-
Adjustable components	-
Handles	Stainless steel handles allow for varying grip widths

## • Weight Stack Information

1. The machine is equipped with one adjustable weight stack that is ergonomically designed for smooth and effortless adjustment.
2. Training weight can be adjusted in 2–2.5 kg increments.
3. The weight stack move on maintenance-free ball bearings that are concealed within a stainless steel guide rail.
4. The machine is equipped with weight scale. The indicated weights are marked in kilograms and may differ from the actual weight by up to 5 kg.

## • Usage Conditions

1. Minimum user height: 140 cm
2. Recommended minimum age: 14 years

## • Equipment Installation

The training equipment can be installed in three different ways. Detailed installation instructions are available [HERE](#).



The training bench complies with EN 16630:2015 safety standards and has a corresponding certificate of conformity.



Manufactured in Estonia